

Instructions to prepare for the extermination of **BED BUGS**



GENERAL INSTRUCTIONS

All occupants, including pets, must leave the premises before the treatment begins.

The duration of the treatment cannot be precisely estimated, but it is recommended to stay away for at least six hours after the treatment has started. Children and pets must wait eight hours before re-entering the premises.

SPECIAL CASES:

- People with heart conditions and pregnant women must wait 24 hours before returning to the premises.
- People with specific allergies are advised to consult a physician.
- If aquariums cannot be moved, they must be covered, and water or air filters must be turned off for six hours.

PREPARATION STEPS BEFORE TREATMENT:

- Move all furniture approximately 30 cm (1 foot) away from the walls. Empty bedroom furniture so the technician can treat them. Items must be placed in sealed containers (they can remain in the room during the treatment).
- Remove all clothing, curtains, bedding, or fabrics from the treatment area and place them in tightly sealed plastic bags. If possible, do the same with any rugs.
- Remove all items on the floors of closets. It is important not to return any object or clothing until they have been treated.
- Place paintings, mirrors, and canvases on the floor, facing the wall.
- Unplug all electronics and remove all wall outlet plates, light switch covers, and telephone jack plates. If possible, remove baseboards from the walls.

- Vacuum along the baseboards, floors, and carpets. Then place the vacuum bag in a tightly sealed plastic bag and dispose of it directly in the trash.
- Remove the fabric liners stapled to the base of sofas and chairs so they can be properly treated. Otherwise, the technician can only remove them with your permission. You may either dispose of them or wash and reinstall them after treatment.

POST-TREATMENT STEPS:

- Empty the contents of the plastic bags directly into a washing machine and wash with hot water. Ideally, dry at a high temperature for 30 minutes.
- Do not wash the floors around the perimeter of your apartment. You may use a broom or vacuum if necessary. It is best not to wash the floors until the follow-up inspection.
- Objects should be placed in the dryer on a hot cycle for about 45 minutes. All toys should be washed with soapy water to avoid future contact with the product.
- Professional cleaners offer rug and curtain cleaning services, but you may also steam clean them yourself and spray with insecticide afterward.
- If you wish to dispose of any furniture, dismantle it to make it unusable. Do the same with bed bases. Mattresses should be slashed and wrapped in plastic film before being placed outside.
- Did you know that getting rid of your furniture is not a solution to the infestation?
To control an infestation, it is important not to place your furniture outside your unit, as this could spread the infestation to the neighborhood. Furniture that cannot be treated should be dismantled or rendered unusable before being placed outside on garbage collection day.
- A second treatment is generally scheduled three weeks after the first one. We recommend waiting two weeks after the second treatment before putting your clothing and items back in place.

Please note that it is your responsibility to follow all of the above instructions to maximize the effectiveness of the treatment.

Did you know...?

- Bed bugs can live up to one year without feeding.
- A bed bug lays 1 to 5 eggs at a time and can lay up to 500 eggs in a year.

Let's work together for a healthier environment!

Thank you for your trust.

Quebec Poison Control Center:

1 (800) 463-5060